## How We Receive Referrals

Our rehabilitation services are available to injured workers throughout Idaho. The process begins with a referral to our staff from a variety of sources, including your:

- Employer
- Insurance Company
- Physician
- Therapist
- Attorney
- Or you may refer yourself by visiting: https://iic.idaho.gov/rehabilitation-services/

#### **ICRD** Mission

As a neutral party, we support medical recovery while facilitating an early return to employment as close as possible to pre-injury status and wage.

To contact an Industrial Commission Rehabilitation office for services, contact one of the field offices on the back of this brochure.

Idaho Industrial Commission
Main Office

11321 W. Chinden Blvd (Building #2)
Boise, Idaho 83714
1-208-334-6000
FAX 1-208-334-2321
Toll Free (800) 950-2110
https://iic.idaho.gov

To make a referral go to: https://iic.idaho.gov/rehabilitation-services/

Requests for this publication in alternate formats will be promptly bandled.

Information on costs associated with this publication are available from the Idaho Industrial Commission in accordance with Idaho Code  $\S$  60-202.

#### **Field Offices**

#### Boise

4355 W. Emerald St., Suite 105 Boise, ID 83706 Phone: 208-334-2024

Fax: 208-334-3711

#### Burley

127 W. 5th N., Suite A Burley, ID 83318 Phone: 208-678-3332 Fax: 208-677-3616

#### Caldwell

904 Dearborn St., Suite 202 Caldwell, ID 83605 Phone: 208-454-7609 Fax: 208-454-7635

#### Coeur d'Alene

1111 W. Ironwood Drive, Suite A Coeur d'Alene, ID 83814 Phone: 208-769-1452 Fax: 208-769-1465

#### **Idaho Falls**

1820 E. 17th, Suite 300 Idaho Falls, ID 83404 Phone: 208-525-7248 Fax: 208-525-7013

#### Lewiston

1118 "F" Street Lewiston, ID 83501 Phone: 208-799-5035 Fax: 208-799-3482

#### **Payette**

517 North 16th, Suite B Payette, ID 83661 Phone: 208-642-9417 Fax: 208-642-6163

#### Pocatello

444 Hospital Way, Suite 411 Pocatello, ID 83201 Phone: 208-236-6399 Fax: 208-236-6040

#### Ponderay

207 Larkspur St.
Ponderay, ID 83852
Phone: 208-660-3139
Fax: 208-265-9637
This office is located inside the Department of Health & Welfare Building

#### Twin Falls

1411 Falls Avenue East, Suite 915 Twin Falls, ID 83301 Phone: 208-736-4700 Fax: 208-736-3053

# Rehabilitation Services for Injured Workers



# Services for Injured Workers

- How the Rehabilitation Division Helps Injured Workers
- Services to Expect
- The Role of the Rehabilitation Consultant



# We're Here to Help

When you suffer a work-related injury, your thoughts turn to your medical and return-to-work needs. At the Idaho Industrial Commission, our rehabilitation staff will help you through the medical recovery process. We will also make every effort to assist with your return to work that is within your physical abilities and is as close to your time-of-injury wage as possible.

For more information, contact the field office nearest you on the back of this brochure, or visit our website: https://iic.idaho.gov.



# How We Can Help

Our rehabilitation staff will work with you to develop a return-to-work plan and help facilitate your medical recovery.

#### We Will Work With You to Assure That:

- Your individual needs and concerns resulting from your accident are properly handled.
- Your medical recovery goes well.
- A carefully controlled vocational plan of action is established and maintained to help you return to your time-of-injury level of employment.

#### We Will Talk to Your Employer About:

- Physical and environmental job requirements.
- Job modifications to accommodate physical restrictions established by your physician.
- Other job possibilities with your employer.
- The timeline for your return to work.

# We Will Contact Your Physician to Determine:

- Your ability to return to your previous employment based upon evaluation of the physical and environmental conditions of your job.
- Your approximate return-to-work date.
- Physical restrictions or limitations which may affect your ability to perform your full job duties.
- If you would benefit from additional services that would help in your recovery and return to work.

### A Team Effort

Your return-to-work plan emphasizes a team effort, designed to take full advantage of your present and anticipated abilities. We will consult with employers, physicians, therapists, unions, insurance companies, and others involved in your recovery. Together we can make great strides in guiding your successful return to the workforce.

# What You Can Expect

Our rehabilitation staff is ready to help you manage your medical recovery and return to work. We will provide a wide range of support services to suit your specific needs.

- We will help you with setting return-to-work goals.
- We will develop a thorough evaluation of your job's physical and environmental requirements.
   This evaluation will help your medical provider understand your job requirements.
- We will commit to working with your employer, when necessary, to make job accommodations that will enable you to return to work.
- We will help you develop a new employment goal if a job change is required.
- We will contact employers if specialized job development and placement is needed.

# Who Employs my Rehabilitation Consultant?

Your rehabilitation consultant is an employee of the Idaho Industrial Commission. The Idaho Industrial Commission is responsible for ensuring injured workers receive the benefits the law requires. He or she will assist you with returning to work that is as close to your time-of-injury job as possible.

Your rehabilitation consultant does not work for insurance companies, attorneys, or other groups involved in the workers' compensation process. Your consultant serves as a neutral third party professional who is objective in providing you with return to work assistance.

If you have questions about your workers' compensation claim, contact the Industrial Commission Benefits Division at (800) 950-2110.