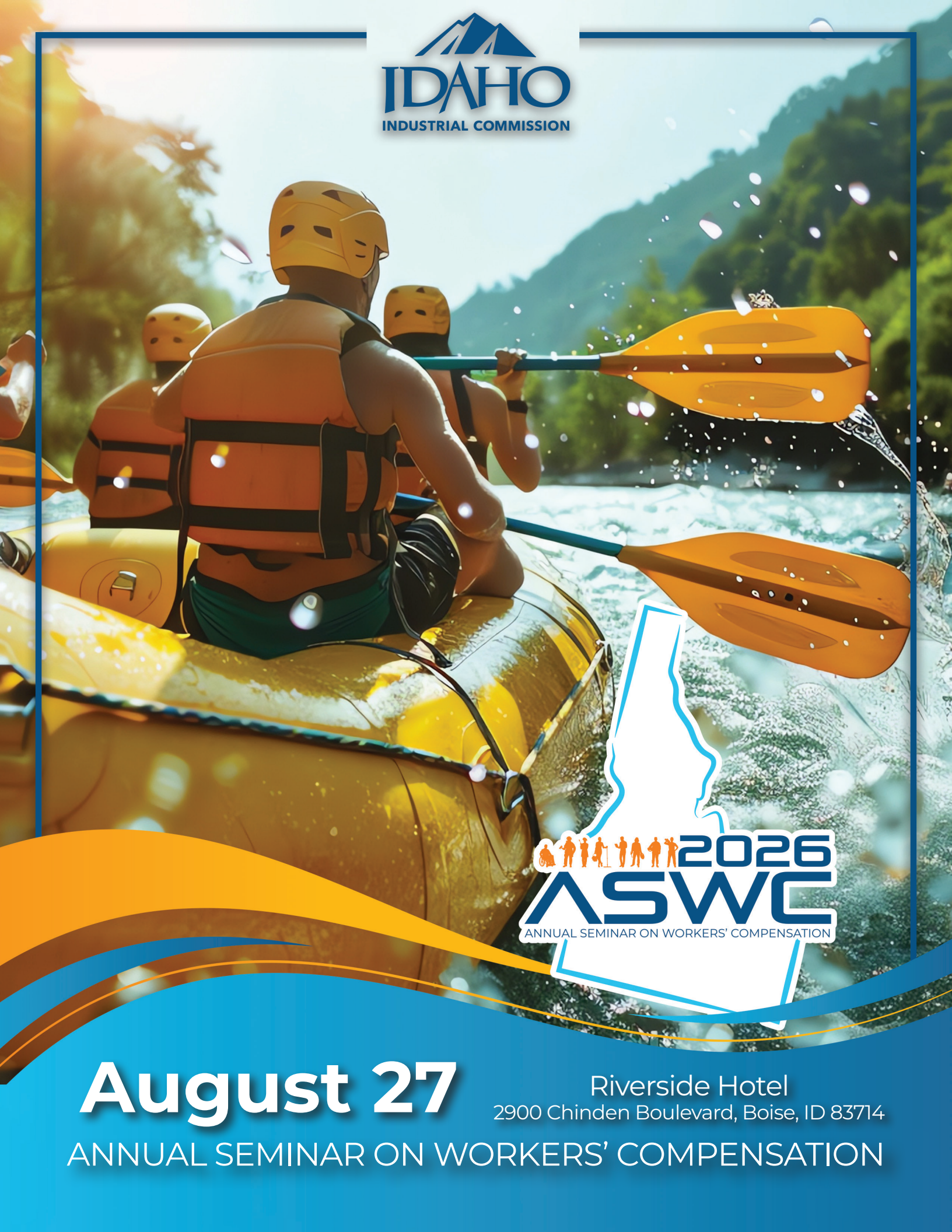




August 27

Riverside Hotel
2900 Chinden Boulevard, Boise, ID 83714

ANNUAL SEMINAR ON WORKERS' COMPENSATION



ANNUAL SEMINAR ON WORKERS' COMPENSATION

WHO SHOULD ATTEND?

Like a river, the workers' compensation system is complex, sometimes turbulent. It requires preparation, teamwork, and expert guidance to support injured workers and help them safely reach their recovery goals. Join us as we explore various topics aimed at keeping this process on course, avoiding obstacles and rapids, and assisting injured workers in navigating the complexities successfully.

The Annual Seminar on Workers' Compensation is designed to educate and engage attendees and it is the only event in Idaho that gathers industry professionals to discuss current rules, procedures, and other relevant issues. It also provides valuable opportunities for dialogue and networking. If you're interested in the Idaho workers' compensation system, this seminar offers essential information and insights. We invite employers, attorneys, safety and HR managers, insurers, self-insured employers, third-party administrators, claim-closure service providers, insurance agents, union representatives, medical providers, billing and documentation staff, managed care organizations, and vocational rehabilitation providers to participate. We look forward to welcoming you to this yearly event!

CONTINUING EDUCATION CREDITS

The Commission has historically offered the following continuing education credits:

- 5.0 general credit hours and 1 ethics credit hour from the Idaho State Bar
- 5.0 general credit hours and 1 ethics credit hour from The Idaho Department of Insurance
- 5.0 credit hours from The Commission on Rehabilitation Counselor Certification
- 5.0 credit hours from The Commission for Case Manager Certification
- 5.0 credit hours from The Certification of Disability Management Specialist
- 5.0 credit hours from the Society for Human Resource Management

REGISTER NOW

REGISTRATION: \$120

\$142 after June 30 Early Bird Deadline

<https://iic.idaho.gov/annual-seminar/>

KEYNOTE SPEAKER Dr. Claire Muselman



Steady in the Current: Empathy, Generations, & Leadership in Workers' Compensation

Like a river, workers' compensation includes moments of calm and moments of rapid change. Generational differences influence how individuals interpret stress, authority, and systems navigation,

especially during injury. In this keynote, Dr. Claire Muselman explores how empathy functions as a leadership skill that stabilizes outcomes across Baby Boomers, Generation X, Millennials, and Generation Z. Participants examine neurological stress responses, generational communication preferences, and the hidden assumptions that can create friction in claims. The session blends behavioral science, practical scripting, and real-world workers' compensation application to help attendees lead with steadiness in complex situations. The result is a system that feels human while performing at a high operational level.

Key Learning Objectives

Participants will be able to:

- Recognize how different generations process stress and authority during workplace injury
- Apply an empathy framework that improves communication across age groups
- Identify common generational friction points in reporting and return-to-work conversations
- Use structured language that communicates both care and accountability
- Strengthen trust while protecting claim integrity and compliance

About Dr. Muselman

Dr. Claire Muselman is a nationally recognized workers' compensation strategist, leadership educator, and behavioral science expert. She serves as the President of the Workers' Compensation Consulting Firm - CM Advising, Chief Operating Officer of WorkersCompensation.com and Professor of Practice at Drake University. Known for blending neuroscience, empathy, and operational strategy, Claire helps organizations strengthen outcomes by aligning leadership behavior with human experience. Her work transforms workers' compensation systems into structured, steady environments that support both injured workers and the bottom line.

SEMINAR SCHEDULE

**Schedule is subject to change.*

REGISTRATION 8:00-8:30 A.M.

WELCOME 8:30-9:00 A.M.

KEYNOTE 9:00-10:00 A.M.

► **Steady in the Current: Empathy, Generations, & Leadership in Workers' Compensation**

Like a river, workers' compensation includes moments of calm and moments of rapid change. Generational differences influence how individuals interpret stress, authority, and systems navigation, especially during injury. In this keynote, Dr. Claire Muselman explores how empathy functions as a leadership skill that stabilizes outcomes across Baby Boomers, Generation X, Millennials, and Generation Z. Participants examine neurological stress responses, generational communication preferences, and the hidden assumptions that can create friction in claims. The session blends behavioral science, practical scripting, and real-world workers' compensation application to help attendees lead with steadiness in complex situations. The result is a system that feels human while performing at a high operational level.

Dr. Claire Muselman, CM Advising

BREAK 10:00-10:15 A.M.

BREAK OUT SESSIONS 10:15-11:15 A.M.

► **Pain Without Pills: The New Era of Prevention & Recovery Techniques**

Chronic pain affects more than one in five adults, with millions experiencing daily limitations from high-impact pain. As the nation continues to confront the opioid crisis, evidence-based, non-pharmacological treatments have never been more essential. This session explores the latest medical and physical therapy approaches that reduce pain, restore function, and improve quality of life. Join us to learn practical, proven strategies shaping the future of pain management.

Dr. Marcos A Iglesias, Chief Medical Director; AF Group

Michelle Despres, Chief Operating Officer; PhysNet

► **Recent ISB Discipline Cases**

Idaho State Bar Counsel Joe Pirtle will discuss recent cases imposing public sanctions. The presentation will address the facts and violations of the Idaho Rule of Professional Conduct at issue in each case.

Joseph N. Pirtle, Bar Counsel; Idaho State Bar

► **Medicare Mayhem! Tackling New CMS Updates to Stay Compliant, Reduce Risk, and Settle Claims**

Insurers face several new, and significant, Medicare compliance challenges. Section 111

Materials will be available to download from <https://iic.idaho.gov>.



penalties are finally live – with potential fines of up to \$1,512 per day. CMS’s new TPOC/ WCMSA reporting requirements now give Medicare visibility into a self-insurer’s WCMSA practices – with CMS reserving the right to audit and bring False Claims Act claims. Meanwhile, CMS conditional payments, Treasury claims, and Medicare Advantage “double damages” lawsuits continue to present headaches for all insurance lines. Don’t despair! This session will help make sense of the madness with practical compliance strategies, including how claims data can be used to improve your best practice protocols!

Mark Popolizio, J.D, Vice President of MSP Compliance; Verisk Casualty Solutions

BREAK 11:15 A.M.-11:30 A.M.

LUNCH 11:30 A.M.-12:45 P.M.
INCLUDED AS PART OF REGISTRATION

BREAK 12:45-1:00 P.M.

BREAK OUT SESSIONS 1:00-2:00 P.M.

- ▶ **What Workers’ Compensation Providers Need to Know About Lifestyle Medicine**
This session will introduce workers’ compensation physicians to evidence-based lifestyle medicine interventions that can accelerate recovery, reduce chronic pain, and improve return-to-work outcomes for injured workers. Participants will learn how targeted modifications in nutrition, physical activity, sleep, and stress management can address the underlying factors that delay healing and contribute to disability. The lecture will provide practical, implementable strategies for integrating lifestyle prescriptions into workers’ compensation cases, with a focus on musculoskeletal injuries, chronic pain syndromes, and metabolic conditions that complicate recovery. Attendees will leave with actionable tools to enhance patient outcomes while potentially reducing long-term treatment costs and disability duration.
Dr. Jennifer T. Shalz, MD DABIM, DABLM, FACLM, Medical Director; Lifestyle Medicine St. Luke’s Health System
Dr. Todd Hastings, DO MS MPH, DipABPM, DipABLM; Occupational Health St. Luke’s Health System
- ▶ **Evidence-Based Spine Care in Workers’ Compensation: Avoiding Delays, Missteps, and Unnecessary Treatment**
This presentation will provide a practical, evidence-based framework for managing common spine conditions in workers’ compensation patients. Emphasis will be placed on early decision-making, appropriate imaging, and identifying which patients benefit from conservative care versus procedural or surgical intervention. Attendees will learn to recognize common causes of delayed recovery, unnecessary treatment, and prolonged disability, with strategies to improve outcomes and reduce costs. Real-world case examples—including the management of spine fractures—will illustrate how to streamline care and optimize return-to-function.
Dr. Justin Dazley, MD; Magic Valley Orthopedics
- ▶ **NCCI Workers Compensation Research: Idaho and the Western Region**
Join NCCI to discuss recent Thought Leadership and how it may impact Idaho’s workers compensation system. These include emerging trends in workplace violence,



demographic forces shaping workplace risk and claim exposures, and legislative developments across the western U.S.

Todd Johnson, Senior State Relations Executive, External & Government Affairs; National Council on Compensation Insurance

BREAK 2:00-2:15 P.M.

BREAK OUT SESSIONS 2:15-3:15 P.M.

► **Educate – Engage – Or Pay the Price!**

When first asked “what is the ROI” on patient education and engagement - we were baffled. We had no answer. Five years later there is extensive research and our own experience on the value of education and engagement based on the four pillars of recovery – mindset, nutrition, physical activity and rest. Former MMA fighter, Nathan “Rock” Quarry and Brian Allen discuss how the four pillars helped Nathan recover from back surgery and return to work – the ring – and how that experience turned Nathan into a patient advocate! Educating, engaging and optimizing will improve claim outcomes and reduce costs. The numbers may surprise you!

Brian Allen, Co-Founder; Optimized Outcome Solutions, LLC
Nathan Quarry, Retired Mixed Martial Arts Fighter and Patient Advocate

► **The Right AI Doesn’t Just Make Claims Professionals Faster, It Makes Them Better**

Workers’ compensation is one of the most document-intensive lines in insurance, and the volume and complexity of medical records is the core problem AI is being asked to solve. AI is delivering real value across the claims lifecycle, but when AI-generated content becomes the only document decision-makers review, defensibility becomes the central question for adjusters, attorneys, and TPAs alike. As nuclear verdicts and social inflation reshape exposure, auditable documentation that withstands discovery scrutiny is no longer optional. With an aging claims workforce and institutional knowledge walking out the door, the organizations gaining the most ground are those using AI to process and summarize complex medical records, surface key risks and insights, and free professionals to focus on the decisions that require their expertise.

Mark Tainton, Senior Vice President Data Solutions; Wisedocs

► **People Helping People: The Value of Human Interaction in an Increasingly Automated World**

In an age where AI and automation are rapidly advancing, the human element in workers’ compensation remains essential. This presentation highlights the issue of burnout on both the clinical and work comp sides and explores how focusing on helping injured workers directly can reconnect us with our ‘why.’ It emphasizes keeping the injured worker at the center of the process and features powerful case studies that demonstrate the transformative power of compassionate, people-focused care. Attendees will hear the story of a worker who overcame paralysis to walk again, return to full duty, and pursue a career as a motivational speaker, as well as the journey of an amputee inspired by the care he received, leading him to change careers and serve injured workers as a medical practitioner. These stories show what workers’ compensation is fundamentally about

Materials will be available to download from <https://iic.idaho.gov>.



people helping people.

Josh Schuette, Executive Director of National Workers Compensation Sales & Account Management; Brooks Rehabilitation

BREAK 3:15-3:30 P.M.

CASE LAW REVIEW 3:30-4:30 P.M.

Matt and Matt have scoured the recent case law and will summarize recent developments in Idaho workers' compensation. They will entertain you with the most significant decisions, offering perspective from both sides of the aisle.

Claimant Attorney: Matthew Vook; Peterson, Parkinson, & Arnold, PLLC

Defense Attorney: Matthew Pappas; Anderson, Julian & Hull, LLP

MEET OUR PRESENTERS

BREAK OUT SESSION SPEAKERS



Brian Allen

Co-Founder; Optimized Outcome Solutions, LLC

Brian Allen is co-founder of Optimized Outcome Solutions, LLC, a patient education and coaching program that helps injured workers recover from serious injuries or surgery. He is a nationally recognized expert in workers' compensation and insurance policy and serves as Vice President of Government Affairs for Enlyte's Pharmacy Solutions team, advising clients on legislation and regulatory changes.

Allen is a frequent author, speaker, and panelist at major industry conferences and contributes regularly to trade publications. He serves on the Medical Issues Committee for the IAIABC. With over 20 years lobbying in workers' compensation and 35 years in politics, he previously served in the Utah House of Representatives (1994–1998) and remains dedicated to community service and improving recovery outcomes. Brian is also the incoming President of Kids Chance-Utah.



Dr. Justin Dazley

MD; Magic Valley Orthopedics

Justin M. Dazley, MD is a board-certified orthopedic spine surgeon at Magic Valley Orthopedics in Twin Falls, Idaho, where he has been in practice since 2012. He completed his spine surgery fellowship through the Harvard Combined Orthopaedic Program at Massachusetts General Hospital and Brigham and Women's Hospital.

Dr. Dazley specializes in the comprehensive management of spinal conditions, including both surgical and non-surgical care. He has extensive experience treating workers' compensation patients and performs impairment ratings using the AMA Guides to the Evaluation of Permanent Impairment, Sixth Edition. He has been actively involved in system-level initiatives including implant cost reduction, multidisciplinary spine care coordination,

and the development of a fragility fracture clinic. His practice emphasizes evidence-based care, efficient treatment pathways, and early return-to-function strategies.



Michelle Despres

Chief Operating Officer; PhysNet

Michelle Despres is a physical therapist, clinical executive, and national educator with more than 27 years of experience improving recovery and care coordination in workers' compensation. She has led clinical strategy and product innovation for one of the largest ancillary care organizations in the country, partnering with state agencies, payors, employers, and providers to strengthen outcomes and reduce friction across the claim lifecycle.

Michelle is known for her ability to translate complex clinical and operational issues into clear, actionable strategies that help claims professionals, case managers, and providers work together more effectively. She has educated thousands of industry professionals nationwide and brings a grounded, collaborative approach that drives high-quality care for injured workers.

Dr. Todd Hastings



DO MS MPH, DipABPM, DipABLM; Occupational Health St. Luke's Health System

Dr. Todd Hastings is an Occupational and Environmental Medicine physician with the St. Luke's Health System. He holds a board certification from the American Board of Preventive Medicine in Occupational Medicine, as well as recently obtaining board certification from the American Board of Lifestyle Medicine. He graduated from Des Moines University College of Osteopathic Medicine before completing his residency in Occupational and Environmental Medicine at the Walter Reed National Military Medical Center, including being awarded an MPH from the



Uniformed Services University in Bethesda, Maryland. He has subsequently completed an MS in Sports and Health Sciences, with an emphasis in exercise for chronic disease, from The American Public University System.

As a preventive medicine specialist, he served in the United States Navy for eight years with supervisory roles in Occupational Medicine, Aviation Medicine, Preventive Medicine, and Public Health emergencies. He achieved the rank of Lieutenant Commander in the US Navy before leaving active duty and joining the St. Luke's Health System in 2018. He has been providing Occupational Health services, primarily in the Magic Valley, as well as Lifestyle Medicine counseling and education to patients participating in cardiovascular and pulmonary rehabilitation.

Dr. Hastings enjoys exercising, traveling, and participating with his wife and three teenage children in the many outdoor activities that are available in southern Idaho.

Dr. Marcos Iglesias



Chief Medical Director; AF Group

Dr. Iglesias leads the medical strategy at AF Group, where he is developing an innovative, comprehensive, and evidence-based framework to address the medical and psychosocial challenges faced by injured workers. With more than 35 years of experience in disability care, workers' compensation, and insurance leadership, he is also a sought-after speaker at national and regional conferences.

A strong advocate for a holistic, person-centered approach, Dr. Iglesias is dedicated to helping individuals achieve meaningful functional and occupational recovery following injury or illness—not merely managing symptoms. His professional interests include the early identification of biopsychosocial risk factors and the use of timely, targeted interventions to prevent delayed recovery and long-term disability.

Dr. Iglesias earned his medical degree from the Faculty of Medicine at the University of Toronto and a Master of Medical Management (MMM) from the Marshall School of Business at the University of Southern California. He is board-certified in Family Medicine and Utilization Review and is a Fellow of both the American College of Occupational and Environmental Medicine and the American Academy of Family Physicians



Todd Johnson

Senior State Relations Executive, External & Government Affairs; National Council on Compensation Insurance

As Senior State Relations Executive, Todd Johnson is responsible for NCCI's regulatory and legislative affairs, including rate/loss cost filings, rule and form filings, legislative impact analyses, and residual market issues. He supports the Pacific Northwest states of Idaho, Montana, Utah, Alaska, Washington, Wyoming, and Oregon.

Prior to joining NCCI in 2017, Johnson was director of workers compensation for a national third-party administrator specializing in public entities. He was also managing director for all residual market servicing carrier operations with a national WC carrier. Additionally, he led claim operations for a workers compensation reinsurance company, providing oversight of all licensed carriers, public entities, and self-insured companies.

Johnson received his BA in law, criminology, and deviant behavior from the University of Minnesota. He is a Chartered Property Casualty Underwriter (CPCU), a designated Workers

Compensation Professional (WCP), and has held several leadership positions in industry trade groups



Matt Pappas

Senior Partner; Anderson, Julian & Hull, LLP

Matt Pappas has been in practice in Idaho since 2000. Matt grew up in Pocatello, Idaho, and attended the University of Idaho for undergraduate and law school. He is a Senior Partner at Anderson, Julian & Hull, LLP. He has worked in the fields of workers' compensation, subrogation and personal injury since joining the firm in 2004. Mr. Pappas has represented clients before the Idaho Industrial Commission, Idaho's State and Federal Courts and the Ninth Circuit Court of Appeals. He also has experience in the areas of estate planning, probate, and firearms trusts. He currently is a member of the Industrial Commission's Advisory Committee.



Joseph Pirtle

Bar Counsel; Idaho State Bar

Joe Pirtle joined Bar Counsel's office in April 2022. Before then, Joe was a shareholder and civil litigation attorney with Elam & Burke in Boise. Joe received his B.S. in Business Finance from the University of Idaho in 2001 and his J.D. from the University of Idaho College of Law in 2004.

Joe was a member of the inaugural class of the Idaho Academy of Leadership for Lawyers, and later served for three years on its steering committee. He is a past chairperson of the ISB Litigation Section as well as a mentor for the Idaho Trial Skills Academy. Joe served many years as a member of the Idaho Lawyer Assistance Program and was pro bono counsel to the Idaho Suicide Prevention Hotline for many years.



Mark Popolizio, J.D.

Vice President of MSP Compliance; Verisk Casualty Solutions

Mark Popolizio, J.D., is the Vice President of MSP Compliance for Verisk Casualty Solutions. He has been a nationally recognized thought leader in Medicare Secondary Payer (MSP) compliance since 2001. Mark practiced insurance defense litigation for ten years concentrating on the areas of workers' compensation and general liability. As of 2006, Mark has dedicated his focus exclusively to MSP compliance working with carriers, self-insureds, TPAs and other claims professionals in addressing MSP compliance issues. For over 20 years, Mark has released numerous articles and industry publications on Medicare compliance issues and CMS updates, including his yearly Medicare Watchlist report. In addition, he is regular presenter and panelist at regional and national industry events and regularly provides MSP training courses for insurance adjusters and other claims professionals. Outside of Medicare MSP, Mark has authored numerous articles on Third-Party Litigation Funding (TPLF) issues. Mark is a graduate of Quinnipiac University in Hamden, Connecticut and Nova Southeastern University School of Law in Ft. Lauderdale, Florida. He is licensed to practice law in Florida and Connecticut.



Nathan Quarry

Retired Mixed Martial Arts Fighter and Patient Advocate

Nathan "Rock" Quarry is a retired mixed martial arts fighter. Nathan began his MMA career in 2001,

Materials will be available to download from <https://iic.idaho.gov>.



fighting in the middleweight division. After a 5-1 start, Nathan was asked to participate in "The Ultimate Fighter", a reality television show featuring mixed martial arts competitions. In 2005, he received a UFC title shot. After his title bout, Nathan had to step away from fighting due to surgery to repair a back injury. Following his surgery, Nathan returned to the cage to fight again in 2007. He has since retired and has co-hosted MMA Live on Spike TV.

Nathan is committed to helping others as a patient advocate, and since his spine surgery, he has coached a number of people through their recovery. He helps people understand how to get their mind and body ready for recovery and how to come out on top. Nathan is a celebrity educator for Optimized Outcome Solutions, helping injured workers and others win their recovery fight.



Josh Schuette

Executive Director of National Workers Compensation Sales & Account Management, Brooks Rehabilitation

For over 20 years Dr. Josh Schuette has worked as a physical therapist specializing in the field of workers' compensation. In his current position with Brooks Rehabilitation, he performs 4 main roles: National Sales, assisting case management, performing Functional Capacity Evaluations, and developing new workers' compensation programs including 2 out of the first 3 national value-based care programs. Dr. Schuette is the National 2023 Comp Laude "Be the Change" award winner, the 2024 SAWCA Comp Talks Champion, and a 2025 Deconstructing Comp Changemaker award winner. He is on the faculty of WorkCompCollege.com and is the host of its "Voice of the Provider" program. Josh is a member of the Florida Board of Kids' Chance and also volunteers for Give Kids The World as well as Ainsley's Angels assisting adapted athletes compete in endurance events like running races, triathlons & Spartan races.



Dr. Jennifer T. Shalz

MD DABIM, DABLM, FACLM; Medical Director Lifestyle Medicine St. Luke's Health System

Dr. Jennifer Shalz is an internal medicine physician and the medical director of St. Luke's Health System's Lifestyle Medicine Department. A board-certified lifestyle medicine specialist and fellow of the American College of Lifestyle Medicine, Dr. Shalz earned her medical degree from the Tufts University School of Medicine and completed her internal medicine residency at David Grant Medical Center, Travis Air Force Base.

As a former major in the U.S. Air Force, she later contributed to the VA health system as an educator and primary care physician, serving in Chicago, Portland, and Boise. In 2008, she diversified her expertise by joining a radiation oncology practice to provide supportive oncology care, eventually becoming certified in hospice and palliative medicine while also serving as a hospice medical director.

Since joining St. Luke's in 2011, she has been instrumental in developing cardiovascular and pulmonary rehabilitation and lifestyle programs, leading to the establishment of the Lifestyle Medicine Department in 2018, which includes the St. Luke's Lifestyle Medicine program at the South Meridian YMCA and the St. Luke's Lifestyle Medicine program opening at the Downtown Boise YMCA in November 2026. A pioneer in lifestyle medicine in Idaho, Dr. Shalz creates and directs programs that leverage lifestyle interventions to prevent, treat, and even reverse chronic diseases.

Outside of her professional pursuits, she enjoys exercising, outdoor activities of all kinds, cooking, reading, and embarking on travel adventures with her husband and two young adult daughters.



Mark Tainton

Senior Vice President Data Solutions; Wisedocs

Mark Tainton is SVP of Data Solutions at Wisedocs, the decision intelligence platform for insurance claims. He brings more than 30 years of experience in AI, data, and analytics transformation across insurance and financial services, having served as Chief Data Analytics Officer at organizations including Aon Corporation, Calamos Investments, and Ventiv Technology, and led global enterprise data modernization at Gallagher.

At Wisedocs, Mark oversees the deployment of AI-enabled solutions that help claims professionals turn complex medical records into structured, defensible outputs — faster and with greater accuracy. His work sits at the intersection of medical record intelligence, litigation strategy, and claims outcomes, with a particular focus on regulated environments where accuracy, transparency, and trust are non-negotiable.

He has presented at PropertyCasualty360's Complex Claims and Litigation Forum and the California DWC Annual Educational Conference on AI, accountability, and the future of decision-making in workers' compensation.



Matt Vook

Partner; Petersen, Parkinson & Arnold, PLLC

Matthew Vook is a partner with Petersen, Parkinson & Arnold, PLLC. He resides in the Magic Valley and handles workers' compensation and personal injury cases. His prior work experience includes the Idaho Industrial Commission and Liberty Mutual Insurance. Matt grew up in the Boise area and served in the United States Navy after high school. He is a graduate of Boise State University and earned his law degree at Gonzaga University School of Law. Matt currently sits on the board of Kids Chance of Idaho and is a member of the Idaho Trial Lawyers Association Board of Directors.

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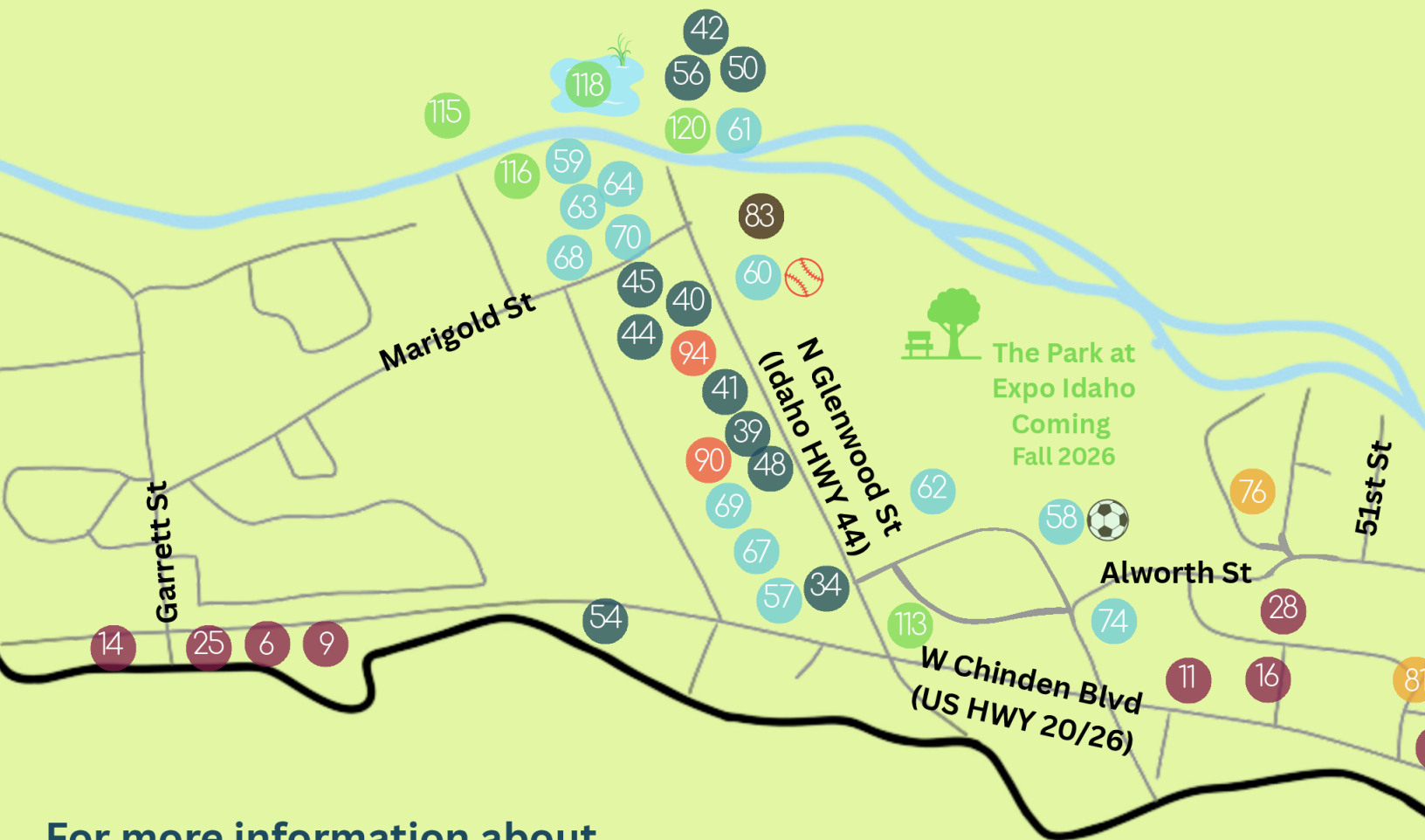
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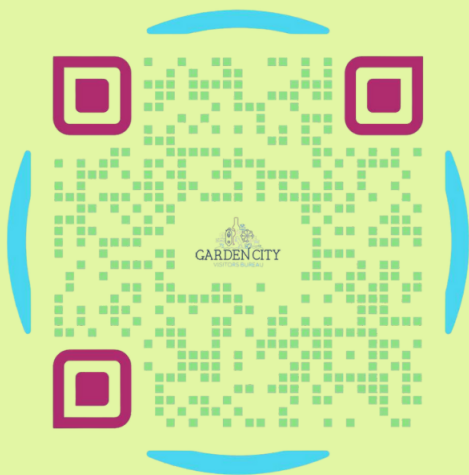
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visitgardencity.com

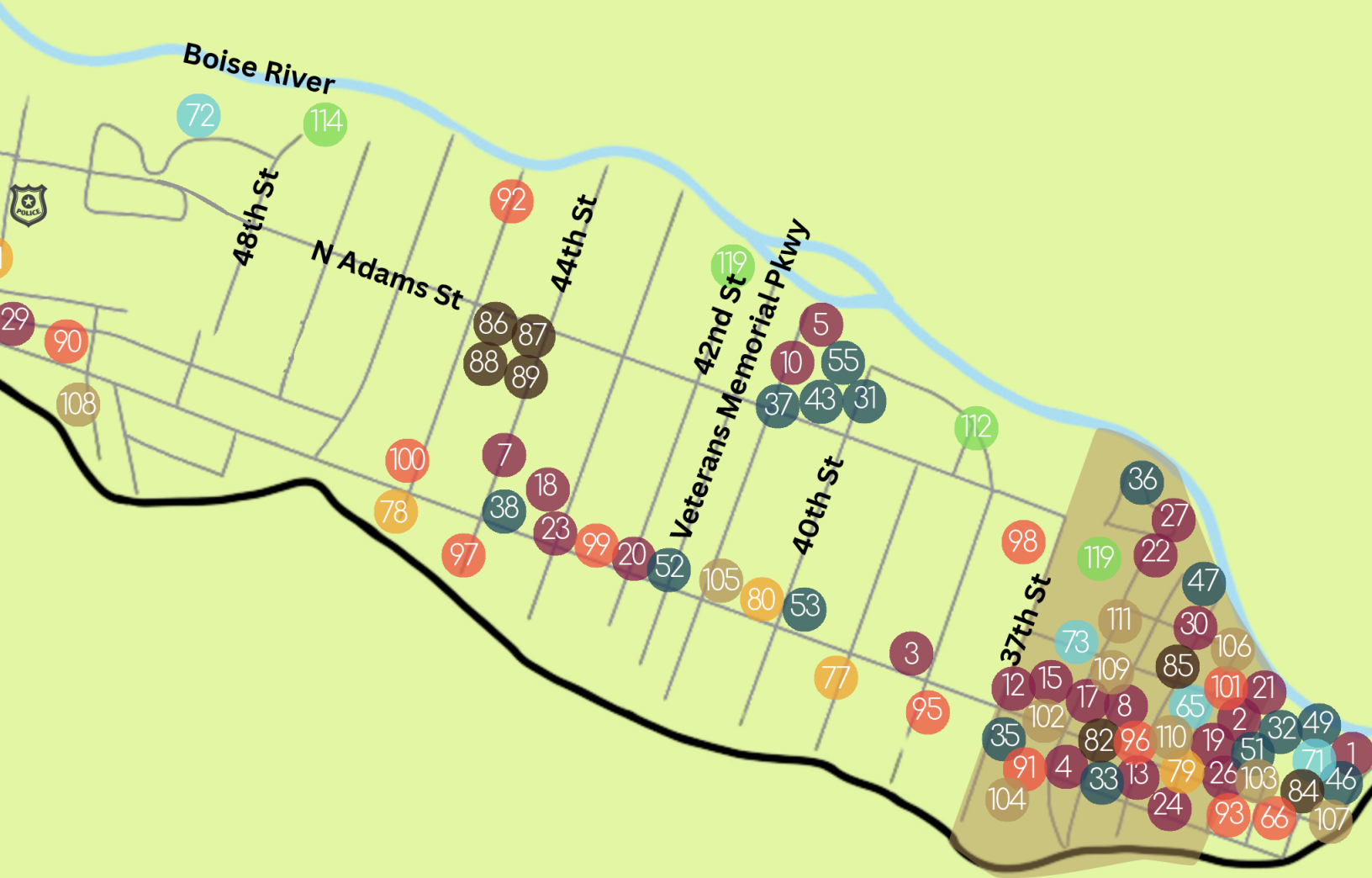


Garden City, Idaho is a vibrant city
that welcomes you to *stay and play!*
Plan your next adventure using this
Visitor's Guide
to explore and experience our rich
culture, music scene, art district,
and culinary delights.

Chinden Boulevard is a key route
connecting suburban neighborhoods
to jobs, dining, & entertainment. Its
name honors Chinese immigrants who
once cultivated lush gardens along
the river—giving rise to the name
“Chinden,” short for “Chinese-garden.”



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Sip

- 1 - Bar365🐾
- 2 - Barbarian Brewing🐾
- 3 - Belmont Brew House 🐾
- 4 - Bert's Brewing 🐾
- 5 - Boardwalk on the River🐾
- 6 - Brown Beard Brewing Co🐾
- 7 - Cinder Winery 🐾
- 8 - Coiled Wines 🐾
- 9 - Home Brew Stuff
- 10 - Laissez Faire Wine Co 🐾
- 11 - Meriwether Cider Co🐾
- 12 - Oldspeak Bar🐾
- 13 - Parcero Wine Bar🐾
- 14 - Powderhaus Brewing Co🐾
- 15 - Proletariat Wines🐾
- 16 - Rolling Hills Urban Tasting Room🐾
- 17 - Ranch Club
- 18 - Ruckus Brewing🐾
- 19 - Split Rail Winery🐾
- 20 - Sturman's Wine and Cigars🐾
- 21 - Telaya Wine Co 🐾
- 22 - The Yardarm 🐾
- 23 - Veer Wine Project
- 24 - Western Collective 🐾



Coffee/Tea

- 25 - Alchemist Coffee🐾
- 26 - Flourish Bakery
- 27 - Grindz Coffee🐾
- 28 - Karuna Kava 🐾
- 29 - Moxie Java
- 30 - Push and Pour 🐾



→ Family Friendly



→ Pet Friendly



→ Public Restrooms



→ Playground



Eat

- 31 - Bao Boi
- 32 - Bardenay Distilling🐾
- 33 - Barrigas Mexican Restaurant
- 34 - Big Bun Drive-In
- 35 - Black Moon🐾
- 36 - Caffé Luciano's
- 37 - Chicken In A Barrel BBQ🐾
- 38 - Cobby's Sandwich Shop🐾
- 39 - El Gallo Giro
- 40 - Garibaldi's
- 41 - Coming Soon
- 42 - Krungthai Thai Restaurant
- 43 - Negranti Creamery🐾
- 44 - New York Richie's
- 45 - Pastry Perfection🐾
- 46 - Riverside Grill
- 47 - Rosa
- 48 - Sal's Howdaj
- 49 - Sandbar Patio and Grill🐾
- 50 - Sofia's Greek Bistro🐾
- 51 - Stagecoach Inn
- 52 - Tacos El Rey #2
- 53 - Taqueria Las Brazas
- 54 - Taqueria Sol de Jalisco
- 55 - Tim's Burgers🐾
- 56 - Uncle Giuseppe's



Stay

- 82 - Arcadia Hotel
- 83 - Boise Riverside RV Park🐾
- 84 - Riverside Hotel🐾
- 85 - The Lofts at 35th & Clay🐾
- 86 - Desert Oasis
- 87 - Explorer's Suite
- 88 - Minimalist Escape
- 89 - The Stargazer

Play

- 57 - Asana Climbing Gym 
- 58 - Athletic Club Boise Stadium
at Expo Idaho  
- 59 - Bee City USA Pollinator Habitat 
- 60 - Boise Hawks/Memorial Stadium  
- 61 - Boise River Outdoor Opportunities
- 62 - Expo Idaho/Fairgrounds 
- 63 - Garden City City Hall
- 64 - Garden City Public Library 
- 65 - Recycled Minds Comedy 
- 66 - Reuseum 
- 67 - Revolution Concert House
- 68 - Snapology 
- 69 - The Farm 
- 70 - The Little Gym 
- 71 - The Sapphire Room 
- 72 - Triangle Lawn Games - Rentals 
- 73 - Visual Arts Collective
- 74 - Westy's Garden Lanes 

Shop

- 90 - Boise Army Navy Store
- 91 - Casa Bella Home Decor
- 92 - Cascade River Gear
- 93 - Combat Sport Supply
- 94 - Hendrickson's Fine Jewelry
- 95 - North End Organic Nursery
- 96 - Roots Zero Waste Market
- 97 - Sportscard Fanatic
- 98 - Starlight Herb & Spice
- 99 - Sunflower Florist
- 100 - Wylie Records
- 101 - 34th Street Market

Pet

- 75 - Boise Reptile Company
- 76 - Clubhound
- 77 - Companions Dog Resort
- 78 - Dog Retreat Center
- 79 - Dogtopia
- 80 - Hounds Town
- 81 - Idaho Dog Park

Create

- 102 - Audio Lab
- 103 - The Dixon: Home of LED
- 104 - Maestre Music + Technology Arts
- 105 - Stover Glass
- 106 - Surel's Place
- 107 - The Common Well
- 108 - The Potter's Center
- 109 - Visual Arts Collective
- 110 - Zion Warne Studios
- 111 - Surel Mitchell Live-Work-Create
District (shaded area)

Parks

- 112 - Heron Park  
- 113 - Ladybird Park
- 114 - Mystic Cove Park 
- 115 - Nature Path (walking path)
- 116 - River Pointe Park
- 117 - Pamela J. Beaumont
Riverfront Park  
- 118 - Riverside Park 
- 119 - Waterfront Park
- 120 - Westmoreland Park